



ARE YOU SUFFERING FROM

Anxiety/Depression?

ALWAYS WORRYING
AND STRESSED

Then set up a session at our Spiritual and Mental Clinic with Elago Nantana

The Bible says Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God & When the righteous cry for help, the LORD hears and delivers them out of all their troubles.

DELIVERY ROOM Tackles on issues around Men's Mental Health like Addictions | Alcohol & Drug Abuse | Anxiety | Depression | Emotional, Physical & Sexual Abuse | Gender Based Violence | Hopelessness | Stress | Spiritual Blindness using various mind renewal skill development activities.

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